

Foundation Course

Botox & Dermal fillers

Registration and details: academy@dent-hub.co.uk

Contact no: 01452929323

19th & 20th February 2026

Course Delegate Information Pack

Course Tutor



Dr Kashif Hafeez

BDS, MFDRCS(Ireland), FFDRCS(Ireland) FDSRCS(Edinburgh),
PG Cert Med Ed(Oxford) FDTFRCS (Edinburgh), FCGDent(UK)
PG Cert Ment Leader & Coach(UK), MSc Anti-ageing &
Aesthetic medicine (UK)

Honorary Professor, RAK College of Dental Sciences United Arab Emirates.
Dental Ambassador, South West England Royal College of Surgeons Edinburgh
Honorary Clinical Teaching Fellow University College London, Eastman Dental
Institute
Visiting Lecturer, Dental Faculty Oral & Craniofacial Sciences King's College
London

Short Intro about Dr Kashif Hafeez

Dr Kashif Hafeez was honoured by Membership and Fellowship from Royal College of Surgeons, Ireland and has been honoured with Fellowship from Royal College of Surgeons, Edinburgh. He has completed his post graduate certificate in Medical and Dental education

from Oxford Brookes University. He has special interest in Oral Surgery and Dental Implantology and has been acting as visiting Implantologist at various practices in England.

He has been a postgraduate Dental Foundation trainer for Oxford Deanery from 2010 to 2015 and due to his passion for quality in education he has been appointed as Examiner for Royal College of Surgeons Ireland and Royal College of Surgeons Edinburgh. He has taught at

the M-Clindent programme, City of London Dental School, BPP University UK and lectures internationally on Oral Surgery and Dental Implantology, runs Dental Implantology courses

in UK, Mexico, Gulf, Egypt & Pakistan. He is also a visiting Professor in Oral Surgery at Fatima

Jinnah Dental College Karachi Pakistan in addition he serves as a Scientific Advisor Makkah International Dental Conferences.

He has been presenting his scientific work & research at prominent international dental

conferences. He also serves as an advisor & expert for General Dental Council UK.

He was awarded as the Best Dentist by APPS UK in 2013. He is an Examiner and Assessor in Oral Surgery for University of Health Sciences and College of Physicians & Surgeons, Pakistan.

Dr Hafeez is course tutor for Minor Oral Surgery courses at LonDEC, Kings College London and runs MOS courses/study days for Health Education England. In recognition for his services for dental education, he has been honoured as a Fellow Faculty of Dental Trainers by Royal College of Surgeons Edinburgh. He has completed his post graduate Certificate in Mentoring, Leadership & Coaching from CMI & Dental coaching Academy, UK. He was

honoured with Fellowship from College of General Dentistry UK. He has just been honoured with MSc , Anti-aging & Aesthetic Medicine at Manchester University, England.

Course program

Botox and Filler Foundation Course Outline

Dates: 19th & 20th February

Day 1: Botox Training (19th of February 2026)

- Introduction to Botox 09.30-11.00
- History and background
- Mechanism of action
- Indications and contraindications
- Anatomy Overview
- Facial muscles relevant to Botox injections
- Understanding facial symmetry

Coffee Break 11.00-11.30

- Botox Injection Techniques 11.30-12.30
- Preparation of the product
- Injection sites and techniques
- Managing patient expectations

Lunch Break-12.30-13.30

- Hands-On Practice 13.30-15.30
- Live demonstration by instructor
- Supervised practice on models

Coffee Break 15.30-16.00

- Complications and Management and Recap 16.00-17.00
- Common side effects and how to manage them
- Patient aftercare instructions

Day 2: Dermal Fillers Training (20th of February 2026)

- Introduction to Dermal Fillers 09.30-11.00
- Types of fillers and their properties
- Indications and contraindications
- Anatomy Overview
- Facial fat pads and bones relevant to filler injections
- Understanding volume loss and ageing

Coffee Break 11.00-11.30

- Filler Injection Techniques 11.30-12.30
- Preparation of the product
- Injection sites and techniques
- Managing patient expectations

Lunch Break-12.30-13.30

- Hands-On Practice 13.30-15.30
- Live demonstration by instructor
- Supervised practice on models

Coffee Break 15.30-16.00

- Complications and Management 16.00-17.00
- Common side effects and how to manage them
- Patient aftercare instructions

Hands on Training will be provided by 3 ways.

1. model patients
2. delegates doing training on each other
3. silicone/plastic models

(we can not give any assurance of any particular hands on training mode on both days as it depends on the model patients agreeing to participate in hands on training that particular day and/or delegates agreeing to be the model patients for hands on training that particular day)

Venue:

Dent Hub Academy
29 Brunswick Road
Gloucester
GL1 1JE

Course fee:

£495+VAT per day
Both days together £900+ VAT

Bank details

Account Name: Dent Hub Teaching Ltd

Sort Code: 60 – 83 – 71

Account Number: 03864797

Please Use “your name” and “Botox & Dermal fillers course” as a reference

We are looking forward to hearing back from you!

