

Foundation Course

Botox & Dermal fillers

Registration and details: academy@dent-hub.co.uk

Contact no: 01452929323

20th July & 21st July 2026

Course Delegate Information Pack

Course Tutor

Dr Kashif Hafeez

BDS, MFDRCS(Ireland), FFDRCS(Ireland) FDSRCS(Edinburgh),
PG Cert Med Ed(Oxford) FDTFRCS (Edinburgh), FCGDent(UK)
PG Cert Ment Leader & Coach(UK), MSc Anti-ageing &
Aesthetic medicine (UK)

Honorary Professor, RAK College of Dental Sciences United Arab Emirates.
Dental Ambassador, South West England Royal College of Surgeons Edinburgh
Honorary Clinical Teaching Fellow University College London, Eastman Dental
Institute
Visiting Lecturer, Dental Faculty Oral & Craniofacial Sciences King's College
London

Short Intro about Dr Kashif Hafeez

Dr Kashif Hafeez was honoured by Membership and Fellowship from Royal College of Surgeons, Ireland and has been honoured with Fellowship from Royal College of Surgeons,

Edinburgh. He has completed his post graduate certificate in Medical and Dental education from Oxford Brookes University. He has special interest in Oral Surgery and Dental Implantology and has been acting as visiting Implantologist at various practices in England.

He has been a postgraduate Dental Foundation trainer for Oxford Deanery from 2010 to 2015 and due to his passion for quality in education he has been appointed as Examiner for Royal College of Surgeons Ireland and Royal College of Surgeons Edinburgh. He has taught at the M-Clindent programme, City of London Dental School, BPP University UK and lectures internationally on Oral Surgery and Dental Implantology, runs Dental Implantology courses

in UK, Mexico, Gulf, Egypt & Pakistan. He is also a visiting Professor in Oral Surgery at Fatima

Jinnah Dental College Karachi Pakistan in addition he serves as a Scientific Advisor Makkah International Dental Conferences.

He has been presenting his scientific work & research at prominent international dental

conferences. He also serves as an advisor & expert for General Dental Council UK. He was awarded as the Best Dentist by APPS UK in 2013. He is an Examiner and Assessor in Oral Surgery for University of Health Sciences and College of Physicians & Surgeons, Pakistan.

Dr Hafeez is course tutor for Minor Oral Surgery courses at LonDEC, Kings College London and runs MOS courses/study days for Health Education England. In recognition for his services for dental education, he has been honoured as a Fellow Faculty of Dental Trainers by Royal College of Surgeons Edinburgh. He has completed his post graduate Certificate in Mentoring, Leadership & Coaching from CMI & Dental coaching Academy, UK. He was

honoured with Fellowship from College of General Dentistry UK. He has just been honoured with MSc , Anti-aging & Aesthetic Medicine at Manchester University, England.

Bio

Prof. Rabia Khan

BDS, MSc Oral Path, PhD Medicine

PgC Oral Surgery, PgC Med Ed, PgDip Aes Med, Oxford ELP

FCGDent, FICD, FPFA, MAoME, FHEA

Education Director and Research Lead

University of Salford, Manchester, UK

Professor Dr Rabia S Khan is a distinguished professional in Higher Dental Education, boasting extensive experience of 14 years across diverse roles and institutions internationally. Prof Khan has held key dental leadership positions, including Head of Department in dental schools, and currently serves as Professor, Education Director and Research Lead at ICE dental hospital, where she is involved in programme management of more than 10 postgraduate courses, teaching and fostering collaborations within the dental industry and with University of Salford.

She also runs a Facial Aesthetics clinic at ICE dental hospital in Manchester and in Liverpool. She is an eminent specialist in facial aesthetics, renowned for her expertise and exceptional patient care. With years of experience in facial aesthetic practices, she also serves as a Programme Lead and clinical lecturer/ mentor at ICE Postgraduate Dental Institute and Hospital, for the Level 7 Non-Surgical Facial Aesthetics course delivered in partnership with University of Salford.

Prof Khan specializes in a wide range of facial aesthetic procedures, including cosmetic injectables, dermal fillers, and advanced facial rejuvenation techniques. She warmly welcomes patients seeking facial aesthetic treatments, where she combines artistry with precision to achieve stunning and natural-looking results.

Beyond her leadership roles, her expertise and interests extend into impactful research, evidenced by over 50 peer-reviewed articles and several book chapters. She has presented her findings at numerous national and international conferences, contributing significantly to the fields of oral pathology/medicine, bioengineering, spectroscopy, machine learning, dental implantology, facial aesthetics and oral cancer.



Course program

Botox and Filler Foundation Course Outline

Date: 20th July 2026

Day 1: Botox Training

- **Introduction to Botox 09.30-11.00**
 - History and background
 - Mechanism of action
 - Indications and contraindications

- **Anatomy Overview**
 - Facial muscles relevant to Botox injections
 - Understanding facial symmetry

Coffee Break 11.00-11.30

- **Botox Injection Techniques 11.30-12.30**
 - Preparation of the product
 - Injection sites and techniques
 - Managing patient expectations

Lunch Break-12.30-13.30

- **Hands-On Practice 13.30-15.30**
 - Live demonstration by instructor
 - Supervised practice on models

Coffee Break 15.30-16.00

- **Complications and Management and Recap 16.00-17.00**
 - Common side effects and how to manage them

- Patient aftercare instructions

Date: 21st July 2026

Day 2: Dermal Filler Training

- **Introduction to Dermal Fillers 09.30-11.00**
 - Types of fillers and their properties
 - Indications and contraindications
- **Anatomy Overview**
 - Facial fat pads and bones relevant to filler injections
 - Understanding volume loss and aging

Coffee Break 11.00-11.30

- **Filler Injection Techniques 11.30-12.30**
 - Preparation of the product
 - Injection sites and techniques
 - Managing patient expectations

Lunch Break-12.30-13.30

- **Hands-On Practice 13.30-15.30**
 - Live demonstration by instructor
 - Supervised practice on models

Coffee Break 15.30-16.00

- **Complications and Management 16.00-17.00**
 - Common side effects and how to manage them
 - Patient aftercare instructions

Hands on Training will be provided in 3 ways.

1. model patients
2. delegates doing training on each other
3. silicone/plastic models

(we can not give any assurance of any particular hands on training mode on both days as it depends on the model patients agreeing to participate in hands on training that particular day and/or delegates agreeing to be the model patients for hands on training that particular day)

Venue:

Dent Hub Academy

29 Brunswick Road

Gloucester

GL1 1JE

Course fee:

£495+VAT per day

Both days together £900+ VAT

Bank details

Account Name: Dent Hub Teaching Ltd

Sort Code: 60 – 83 – 71

Account Number: 03864797

Please Use “your name” and “Botox & Dermal fillers course” as a reference

We are looking forward to hearing from you!